



NORTH CAROLINA BOARD OF BARBER AND ELECTROLYSIS EXAMINERS

Memo

TO: Board members and anticipated board appointees

FROM: Dennis Seavers

DATE: June 11, 2025

SUBJECT: Request for approval of CEUs

The board has received a request for approval of continuing-education courses from the United Professional Electrologist Association ("UPEA"). The board will consider this request at the June 17, 2025 meeting. The UPEA submission is attached to this memo.

The board has a committee to consider CEU submissions and make recommendations to the board. The committee members considered the request and recommended that the board approve the CEUs, with two members recommending approval (one was unavailable to respond).



**North Carolina Board of Barber and Electrolysis Examiners
REQUEST FOR APPROVAL OF CEU COURSE OR PROGRAM**

7001 Mail Service Center, Raleigh, North Carolina 27699-7000

Phone (919) 814-0640 • Fax (919) 981-5068

bbee.nc.gov • electrolysis@nc.gov

SPONSORING ENTITY INFORMATION

Sponsoring entity name: United Professional Electrologist Association (UPEA)

Address: 4724 Park Road Suite C

Address: _____

City: Charlotte State: NC ZIP: 28209

Phone (optional): _____ Fax (optional): _____

Email (optional): informationupea@gmail.com

Contact person: Lesa Wingate, UPEA President / Jill Thieman, UPEA Vice President

ATTACHMENTS

Please attach to this form documentation that shows the following:

- Title of the course or program
- Whether the course or program is for electrology or laser hair practice
- Course or program dates
- Course objective(s)
- Outline of the course's content. *Tip:* please provide plenty of information about the content to avoid the delay of follow-up requests for information or clarification.
- Hours of study for each course topic
- Name, education, and background of each instructor
- Manner of content delivery

We recommend providing the following information for our website (<https://www.bbee.nc.gov/electrologists/continuing-education>). However, this information isn't required.

- Cost

CONTINUED ON THE NEXT PAGE

- Website address where information about the course will be listed
- Website address for your organization
- Whether we can list your email, phone, and address online

Please respond below:

I understand that I must certify to the board the names of all electrologists licensed in North Carolina who attend the program or course and provide their actual hours of attendance.

☒ Yes ☐ No

Name and title: Lesa Wingate, UPEA President

Signature: *lesa wingate*

UPEA Seminar 2025

With Certified Electrolysis Instructor Jennifer L. Jacobs, CPE CI

Date: September 13-14, 2025



Saturday, September 13, 2025: Part One
(4-hour CEU Course for In-person)

HOW TO APPROACH THE PROBLEMATIC CONSULTATION

Course Objectives:

1. Ms. Jacobs will discuss how to approach problems during a consultation.
 - a. How to approach:
 - i. Explaining how hair grows in cycles
 - ii. Setting your potential client up for success
 - iii. Providing realistic expectations
 - iv. Teenagers' sensitivity and talking to the parent(s)
 - v. Different age groups (20's,30's,40's)
 - vi. Perimenopausal women, Menopausal women, Postmenopausal women
 - vii. Individuals with health concerns
 - viii. Transgender clients
 1. Pre/post-surgery
 - ix. Electrolysis after/during LASER hair removal
 1. Hydration in the skin
 2. Explaining Paradoxical Hypertrichosis
 - x. Client Insurance Coverage
 - xi. Q & A

Learning Outcome for the Electrologist: Exploring new ideas for approaching various types of consultations will allow the building blocks of open communication between the client and the Electrologist.



Saturday, September 13, 2025: Part Two
(3-hour CEU Course for In-person)

Achieving Success Through Mock Consultations

Course Objectives:

1. To explore different approaches to various situations, the participating Electrologists will be asked to bring in problematic consultations they have experienced in their practice. Through a mock consultation with Ms. Jacobs, they will investigate solutions for handling difficult scenarios.

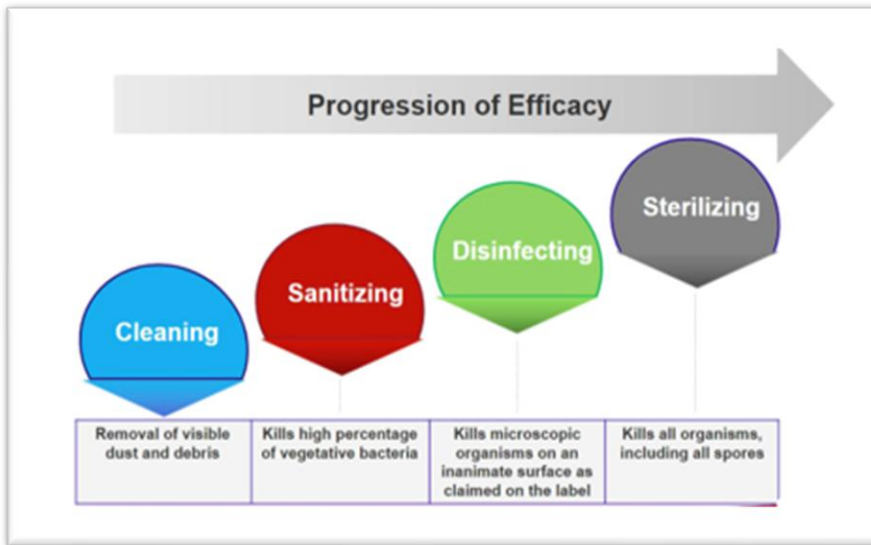
Such as:

- a. Managing electrolysis treatments and related medications
- b. Effectively interacting with timid, shy personalities
- c. Diffusing assertive, demanding personalities
- d. How to explain the realistic expectations of their treatment without overwhelming the client
- e. How to create a comfortable environment

Learning Outcome for the Electrologist: Consultations are the initial point of contact between the client and the Electrologist. A comprehensive consultation helps both parties understand treatment options and fosters a stronger collaborative alliance. Through a demonstration of a mock consultation, the Electrologist can visualize various scenarios and address challenges they may encounter in their practice.

Sunday, September 14, 2025

(3-hour CEU course for In-person)



Cleaning, Disinfecting, and Sterilization

Course Objectives:

1. Ms. Jacobs will discuss the importance of cleaning, decontamination, and sterilization, along with a demonstration of sterilization equipment and an in-person hands-on experience with a Q&A session.
 - a. Cleaning and identifying what items need to be removed, along with a multi-step process to avoid contamination.
 - b. Cleaning solutions, products, and how to identify what surfaces the solutions are most effective on.
 - c. Decontaminating tools and Equipment, identifying critical and non-critical items, and how to select the appropriate disinfectant.
 - d. Packaging and the requirements to ensure the items remain sterilized.
 - e. Gloves: when to use and dispose of them, different allergies, and the protection they offer.
 - f. Ultrasonic Cleaning in-person demonstration
 - g. Dry Heat Sterilizer in-person demonstration
 - h. Autoclaves in-person demonstration
 - i. Storage and the importance of temperature
 - j. Q&A

Learning outcome for the Electrologist: To have a deeper understanding and knowledge of the importance of a safe and clean environment through various methods of cleaning, disinfecting, and sterilizing for both the electrologist and the client.



ACADEMY FOR ADVANCED ELECTROLYSIS STUDIES

EMAIL: JENNIFER@ELECTROLYSIS.TRAINING.COM

PHONE: 713.714.3379

Jennifer L. Jacobs, CPE CI

SPEAKER/CERTIFIED ELECTROLOGIST INSTRUCTOR

EDUCATION

- Académie Dectro Photoepilation Accredited Instructor, Quebec City, Canada 2019
- Académie Dectro Electroepilation Accredited Instructor, Quebec City, Canada 2019
- Académie Dectro Accredited Master Electrologist 2019
- Académie Dectro Photoepilation and Photorejuvenation Certification, Montreal, Canada 2017
- International Board of Electrologists Certification, Orlando, Florida, 2014
- Tattoo Vanish Inc Tattoo Removal Certification, Las Vegas, Nevada 2014
- Académie Dectro Electroepilation Certification, Houston, Texas 2008
- Sam Houston State University Bachelor of Arts, Huntsville, Texas, 2000

EXPERIENCE

- January 2019-Present (Instructor)Academy for Advanced Electrolysis Studies
Electroepilation/ Photoepilation/ Photorejuvenation
- 2022 – Present (Electrologist) - Electrolysis Specialists of Texas
- 2012 – 2022 (Electrologist) - My Bare Lady Electrolysis & IPL
- 2008 – 2012 / 2020 - 2021 (Electrologist) - International Beauty Center